Menu/Location	Breakfast/ Break	Peanuts	Tree Nuts*	Eggs	Sesame	Soya	Gluten**	Milk	Celery	Mustard	Fish	Molluscs	Crustaceans	Sulphites	Lupin
Item	**PPDS**														
Breakfast:															
Cheese on toast						✓	W !=B	✓							
Buttered toast						✓	W !=B	✓							
Bacon muffin					!	✓	W								
Croissant			!= A/H/C/P/Pi	✓		!	W	✓							
Petit pain					!		W								
Break:															
Bacon roll				!		✓	W	!							
Hash brown															
Cinnamon swirl			!= A/H/C/Pi	✓		!	W !=O/B	✓							
Margherita pizza							W	✓							
Pancakes and syrup				✓			W !=R/O/B	✓							

Gluten Key: (** Identify type of Gluten)

W = Wheat O = Oats B = Barley R = Rye S = Spelt

Tree Nut Key: (* Identify species of Tree Nut)

A = Almond H = Hazelnut W = Walnut C = Cashew
P = Pecan B = Brazil Nut Pi = Pistachio Nut M = Macadamia
(other: please detail)

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Key	
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	! = May Contain

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Completed By:	L. Whitten

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Menu/Location	After School	Peanuts	Tree Nuts*	Eggs	Sesame	Soya	Gluten**	Milk	Celery	Mustard	Fish	Molluscs	Crustaceans	Sulphites	Lupin
Item	PPDS														
Chocolate croissant			!= A/H/P	!		✓	W	!							
Nachos						!		✓							
Potato puffs															
Chicken nuggets							W		✓						
Pizza							W	✓							
Mozzarella sticks							W	✓							
Twister fries							W								
Margherita pizza							W	✓							
Pepperoni pizza							W	✓							

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Menu/Location	Cookies/ cakes	Peanuts	Tree Nuts*	Eggs	Sesame	Soya	Gluten**	Milk	Celery	Mustard	Fish	Molluscs	Crustaceans	Sulphites	Lupin
Item	PPDS														
Chocolate brownie				✓		!	W	✓							
Chocolate muffin				✓	!	✓	W	✓							
Blueberry muffin				✓	!	!	W	✓							
Iced sprinkle cake (plain and chocolate)				✓		✓	W	✓							
Homemade flapjack							O								
Sixth form Oreo doughnut				!		✓	W	✓							
Sprinkle doughnut			!= H/P			!	W	✓							
Sixth form shortbread			!= A/H/W/P	!		✓	W	✓							

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Menu/Location	Hot Desserts	Peanuts	Tree Nuts*	Eggs	Sesame	Soya	Gluten**	Milk	Celery	Mustard	Fish	Molluscs	Crustaceans	Sulphites	Lupin
Item	PPDS														
Custard								✓							
Apple crumble							W								
Banana sponge				✓		✓	W	✓							
Toffee sauce								✓							
Chocolate sponge and chocolate custard				✓		✓	W	✓							

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Menu/Location	Prepacked goods	Peanuts	Tree Nuts*	Eggs	Sesame	Soya	Gluten**	Milk	Celery	Mustard	Fish	Molluscs	Crustaceans	Sulphites	Lupin
Item	PPDS														
Homemade ham roll	Y			!		✓	W	✓							
Homemade cheese roll	Y			!		✓	W	✓							
Tomato and basil pasta	Y						W								
Chicken, pesto pasta	Y			✓			W	✓							
Greek salad	Y							✓							
Southern fried chicken salad	Y			✓			W		✓						

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Menu/Location	Lunch Service	Peanuts	Tree Nuts*	Eggs	Sesame	Soya	Gluten**	Milk	Celery	Mustard	Fish	Molluscs	Crustaceans	Sulphites	Lupin
Item	PPDS														
Week 1 Monday:															
Chicken Korma, rice, peas															
Sweet potato, spinach and chickpea curry, rice, peas															
Naan bread							W								
Samosas						✓	W								
Jumbo sausage roll				!			W != O/B	!		!					
Week 1 Tuesday:															
Pork meatballs, tomato sauce, penne and sweetcorn							W								
Macaroni cheese and sweetcorn							W	✓							
Garlic bread						!	W !=R/B/O	!							
Chicken Burger					!		W		✓						

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Menu/Location	Lunch Service	Peanuts	Tree Nuts*	Eggs	Sesame	Soya	Gluten**	Milk	Celery	Mustard	Fish	Molluscs	Crustaceans	Sulphites	Lupin
Item	PPDS														
Week 1 Wednesday:															
Roast chicken leg, roast potatoes, carrots and gravy															
Quorn Escalope, roast potatoes, carrots and gravy				✓			W								
Yorkshire puddings				✓			W	✓							
Gravy															
Week 1 Thursday:															
BBQ chicken drumsticks, rice and green beans															
BBQ Quorn hunter style fillet, rice and green beans							W	✓							
Corn cob															
Chicken Tikka slice							W	✓							

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Menu/Location	Lunch Service	Peanuts	Tree Nuts*	Eggs	Sesame	Soya	Gluten**	Milk	Celery	Mustard	Fish	Molluscs	Crustaceans	Sulphites	Lupin
Item	PPDS														
Friday:															
Sausages							W			✓				✓	
Fish fingers							W				✓				
Battered fish fillet							W !=B				✓				
Spicy bean burger					!		W								
Chips															
Peas/ beans															
Sixth Form- loaded nachos						!	W/B	✓							
Daily:															
Pasta bake							W	✓							
Jacket potato, beans, cheese								✓ (Cheese)							

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Menu/Location	Lunch Service	Peanuts	Tree Nuts*	Eggs	Sesame	Soya	Gluten**	Milk	Celery	Mustard	Fish	Molluscs	Crustaceans	Sulphites	Lupin
Item	PPDS														
Week 2 Monday:															
Chicken Tikka, rice and peas								✓							
Sweet potato, spinach and chickpea, rice and peas								✓		!					
Naan bread							W								
Samosas						✓	W								
Jumbo sausage roll				!			W != O/B	!		!					
Week 2 Tuesday:															
Beef bolognaise, penne and broccoli							W								
Macaroni cheese and broccoli							W	✓							
Garlic bread						!	W !=R/B/O	!							
Chicken wrap							W		✓						

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Item	**PPDS**														
Week 2 Wednesday:															
Steak Bake (W/B, Milk), diced potatoes (W), farmhouse vegetables, gravy							**W/B**	✓							
Cheese puff (W/Milk), diced potatoes (W), farmhouse vegetables, gravy							**W**	✓							
Yorkshire puddings				✓			**W**	✓							
Week 2 Thursday:															
Hot honey chicken drumsticks, rice, sweetcorn						✓	**W**								
Quorn Escalope, rice, sweetcorn				✓			**W**	✓							
Hot honey sauce						✓	**W**								
Onion rings							**W !=R**								
Potato wedges and sweet chilli dip															

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